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What if a simple walk in the woods ...

... was also a path to tempting wild foods and healing herbs?





As it turns out, gathering edible & medicinal plants is an increasingly popular outdoor activity for city dwellers in the U.S. and in many parts of Europe.





Nearly every U.S. city can support one or more of these *wild permaculture* sites.

These woodland gardens can be planned to produce a wide range of perennial fruits, nuts, herbs, wild fibers and dyes, especially at the perimeters.

Access to interior wild zones would be restricted to protect natural processes and locally valuable ecosystem services.





Local residents can participate in "designing and planting their way to abundance."



Educators and specialists would provide training and guidance to ensure proper use of these special places.





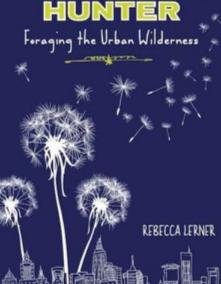
Rewilding



ECOS Writing on wildland and conservation values

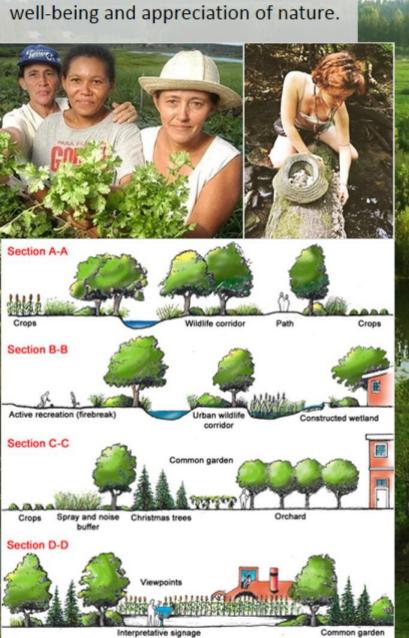


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More importantly, these resilient sites would cut across demographic barriers to increase overall community health, well-being and appreciation of nature.





Many cities and towns have adopted the idea of wild permaculture.









